

FIGHTING HUNGER THROUGH

LOCAL FOOD SYSTEMS

HOW LOCAL FOOD SYSTEMS REDUCE HUNGER

Supporting strong local food systems is critical to reduce hunger in Texas because it directly connects communities with their food sources, making fresh, nutritious food more accessible to everyone. This approach not only ensures that fresh, nutritious food is readily available to Texans but also reduces transportation costs and logistical challenges, making food more affordable.

In a state as large and diverse as Texas, with urban centers and rural areas facing distinct challenges, local food systems can be tailored to meet the specific needs of each community. This local focus ensures that food reaches those who need it most, reducing the likelihood of shortages and enhancing food security for all Texans.



HOW LOCAL FOOD SYSTEMS HELP THE ECONOMY

Investing in local food systems is an investment in our own economic prosperity. When Texans buy food from local farmers and producers, the money stays within our communities, supporting local businesses and creating jobs. This economic empowerment can help reduce poverty, one of the root causes of food insecurity. Additionally, local food systems often emphasize sustainable agricultural practices, which can lead to healthier, more productive land and long-term food security. By investing in local agriculture, Texas can build a food system that is not only more secure but also more sustainable and equitable.

HOW LOCAL FOOD SYSTEMS HELP COMMUNITIES

Local food systems enhance community connections and social cohesion, which is needed in addressing food insecurity. Farmers' markets, community-supported agriculture programs, and local food cooperatives bring people together, fostering relationships and creating networks of support. These connections are essential for ensuring that vulnerable populations, including low-income families and the elderly, have access to the food they need. By strengthening the social fabric of communities, local food systems can play a critical role in reducing food insecurity and improving the overall well-being of Texans.