


























# HUNGER ACTION MONTH

# September 2024

SUN	MON	TUE	WED	THU	FRI	SAT	
<p>1</p> <p>It's the last weekend to support NTFB by participating in</p> <p><b>DFW RESTAURANT WEEK</b></p>	<p>2</p>  <p>Help NTFB raise \$300,000 and 100,000 lbs. of Peanut Butter!</p>	<p>3</p> <p><b>Go Orange</b> digitally with your FB, X &amp; IG profile picture or cover photo! #hungeractionmonth</p> 	<p>4</p> <p><b>DID YOU KNOW?</b></p> <p>Last Fiscal Year, NTFB provided over 106 million physical meals to our neighbors facing hunger!</p>	<p>5</p>  <p>Round up or donate to NTFB when you shop at Kroger.</p>	<p>6</p>  <p>Hold a Canned Food Drive to collect NTFB's most needed items.</p>	<p>7</p>  <p><a href="#">Download the NTFB App to stay up to date with NTFB news!</a></p>	
<p>8</p>  <p><a href="#">Purchase Hunger Bugs Me! for your little readers</a></p>	<p>9</p> <p>September is our birthday month! Help celebrate with a \$42 donation, which provides 123 meals!</p> 	<p>10</p>  <p><b>HUNGER ACTION DAY!</b></p>	<p>11</p> <p>Donate your status to spread the word! #hungeractionmonth</p> 	<p>12</p>  <p><b>DID YOU KNOW?</b></p> <p>Over 92% of the food NTFB distributes is considered nutritious</p>	<p>13</p> <p>Today is National Peanut Day! <a href="#">Get a recipe on our blog.</a></p> 	<p>14</p>  <p>Visit NorthPark to see art themed structures made entirely of cans through Oct. 6!</p>	
<p>15</p> <p>It's Truck Driver Appreciation Week!</p> 	<p>16</p> <p><b>DID YOU KNOW?</b></p> <p>NTFB's truck drivers travel 1,800 miles a day to deliver food to our partner agencies.</p>	<p>17</p> <p>Are you registered to vote? If not, <a href="#">register here!</a></p> 	<p>18</p> <p>Meet us at midnight! Our 2nd Annual Volunteer-a-Thon kicks off NTxGD</p> 	<p>19</p>  <p><a href="http://ntfb.org/givingday">ntfb.org/givingday</a></p>	<p>20</p>  <p>Checking out at CVS? Don't forget to Round Up for Food Banks to support the NTFB!</p>	<p>21</p> <p>Support NTFB at checkout when you shop with Tom Thumb and Albertsons!</p>  <p>—Foundation—</p>	
<p>22</p>  <p><b>DID YOU KNOW?</b></p> <p>1 in 5 kids in North Texas is food insecure. Learn about our child programs <a href="#">here</a>.</p>	<p>23</p> <p><a href="#">Host a Virtual Food Drive!</a></p> <p>Fill a virtual shopping cart to help our hungry neighbors.</p> 	<p>24</p>  <p>Earn your green thumb <a href="#">volunteering in Jan's Garden</a> or one of our partner gardens</p>	<p>25</p> <p><b>DID YOU KNOW?</b></p> <p>Over 1,700 senior food boxes are delivered to neighbors each month via DoorDash.</p> 	<p>26</p> <p>Call your Congress person and tell them the issue of hunger matters! <a href="#">Find yours here.</a></p> 	<p>27</p> <p>The State Fair of Texas Opens Today!</p> <p>Bring 2 jars of peanut butter for \$10 Admission.</p>	<p>28</p> 	
<p>29</p>  <p>Shop at H-E-B and ask how you can help fight hunger at checkout</p>	<p>30</p> <p><b>DID YOU KNOW?</b></p> <p>We can't do it without you! Each year over 30,000 people volunteer with the NTFB.</p> 