



MEMBER OF  
**FEEDING AMERICA**

NTFB.org/HAM  
#HungerActionMonth

# September

## HUNGER ACTION MONTH: 30 DAYS OF FIGHTING HUNGER

SUN	MON	TUES	WED	THUR	FRI	SAT
				<b>1</b> Go Orange digitally with your Facebook, Twitter & Instagram profile picture or cover photo! #hungeractionmonth 	<b>2</b> It's the last weekend to support NTFB by participating in <a href="#">DFW Restaurant Week</a> 	<b>3</b>  Visit NorthPark to see story book-themed structures made entirely of cans through Sept. 10!
<b>4</b> Tickets are on sale for the Dallas Observer's Brewfest event scheduled for Sept 10. <a href="#">Click here for tickets!</a>	<b>5</b> Choose the North Texas Food Bank when using AmazonSmile! 	<b>6</b>  Help NTFB collect more than 500,000 lbs. of Peanut Butter this year! <a href="#">Click here</a> for more info.	<b>7</b> NTFB has both in person and virtual volunteer opportunities. Learn more at: <a href="http://ntfb.org/volunteer">ntfb.org/volunteer</a>	<b>8</b>  Hold a Canned Food Drive to collect NTFB's <b>most needed items</b> .	<b>9</b> Join us tomorrow at <b>Klyde Warren Park</b> for NTFB's 40th Birthday Party! <a href="#">Click here for more information</a>	<b>10</b> <b>Did you know?</b> Last Fiscal Year, NTFB provided more than <b>136.9 million nutritious meals</b> for our hungry neighbors!
<b>11</b> <b>Today is National Day of Service – thank you to all our volunteers who help feed our hungry neighbors!</b>	<b>12</b>  This week is National Truck Driver Appreciation Week – a special thank you to our transportation team!	<b>13</b> Get your company involved. Hold a jeans day for a \$5 donation. <b>\$5 provides 15 nutritious meals!</b>	<b>14</b>  <a href="#">Download</a> the NTFB App in the Apple or Google Play store to stay up to date with NTFB news!	<b>15</b> <b>Did you know?</b> 1 in 5 kids in North Texas is food insecure. Learn more about our child programs <a href="#">here</a> .	<b>16</b> Visit the South Fork trade days this weekend where <b>\$2 of your parking will benefit NTFB!</b> <a href="#">Click HERE</a> for additional information	<b>17</b> Donate your status for hunger! 
<b>18</b> Support NTFB by purchasing a paver to be displayed at our Plano facility. Quantities are limited, visit <a href="#">here</a> for more info.	<b>19</b>  Call your elected officials and tell them the issue of hunger matters! Find yours at: <a href="http://usa.gov">usa.gov</a>	<b>20</b>  Today is national voter registration day! <a href="#">Click here</a> to register to vote.	<b>21</b>  <b>Did you know?</b> Over 91% of the food NTFB distributes is considered nutritious	<b>22</b>  COMMUNITIES FOUNDATION OF TEXAS <b>—NTX— GIVING DAY</b> 9.22.22 presented by amazon <a href="http://ntfb.org/givingday">ntfb.org/givingday</a>	<b>23</b> <b>Hunger Action Day!</b> 	<b>24</b>  Want to learn more about community campaigns benefitting NTFB? <a href="#">Click here</a>
<b>25</b>  September is our birthday month! Help us celebrate by making a \$40 <a href="#">donation</a> - you'll provide 120 meals!	<b>26</b> Today is National Chocolate Milk Day! Chocolate milk is a great post workout recovery drink, thanks to the perfect ratio of carbs to protein.	<b>27</b>  Keep up-to-date on hunger relief news on the <a href="#">NTFB blog</a>	<b>28</b> Last Fiscal Year, NTFB published its first children's book called, <i>Hunger Bugs Me</i> Visit <a href="#">here</a> to purchase!	<b>29</b>  Visit any MOD Pizza in the Dallas area today and mention NTFB for <b>20% of your total to benefit our hungry neighbors!</b>	<b>30</b>  Opening Day! Bring 2 jars of peanut butter for \$10 Admission.	



Check out our Partners "Going Orange" for Hunger Action Day:

•Comerica Bank Tower •KPMG Plaza •Omni Hotel Dallas • Bank of America Plaza