



MEMBER OF  
**FEEDING AMERICA**

**NTFB.org/HAM**  
**#HungerActionMonth**

# September

## HUNGER ACTION MONTH: 30 DAYS OF FIGHTING HUNGER

SUN	MON	TUES	WED	THUR	FRI	SAT
			<p><b>1</b> Go <b>Orange</b> digitally with your Facebook, Twitter &amp; Instagram profile picture or cover photo! #hungeractionmonth</p>	<p><b>2</b> 9.23.21 <b>COMMUNITIES FOUNDATION of TEXAS</b> <b>NTX GIVING DAY</b> presented by amazon Begin <a href="#">scheduling</a> your gifts today!</p>	<p><b>3</b> It's the last weekend to support NTFB by participating in <a href="#">DFW Restaurant Week</a></p>	<p><b>4</b> Tickets are on sale for the Dallas Observer's The Morning After brunch event scheduled for Sept 12. <a href="#">Click here for tickets!</a></p>
<p><b>5</b> <b>canstruction DALLAS 2021</b> <b>GAME OVER = HUNGER</b> Visit NorthPark to see game themed structures made entirely of cans through Sept. 12!</p>	<p><b>6</b> <b>Did you know?</b> Last Fiscal Year, NTFB provided more than <b>125 million nutritious meals</b> for our hungry neighbors!</p>	<p><b>7</b>  <b>SPREAD THE HOPE PEANUT BUTTER DRIVE</b> Help NTFB collect more than 300,000 lbs. of Peanut Butter this year! Click <a href="#">here</a> for more info.</p>	<p><b>8</b> NTFB has both in person and virtual volunteer opportunities. Learn more at: <a href="http://ntfb.org/volunteer">ntfb.org/volunteer</a></p>	<p><b>9</b>  Hold a Canned Food Drive to collect NTFB's <b>most needed items.</b></p>	<p><b>10</b> NTFB has a limited number of yard signs available for HAM, get yours today! Visit <a href="#">here</a> for more information!</p>	<p><b>11</b> <b>Today is National Day of Service – thank you to all our volunteers who help feed our hungry neighbors every day!</b></p>
<p><b>12</b> <b>Did you know?</b> 1 in 5 kids in North Texas is food insecure. Learn more about our child programs <a href="#">here</a>.</p>	<p><b>13</b>  This week is National Truck Driver Appreciation Week – a special thank you to our transportation team!</p>	<p><b>14</b> Get your company involved. Hold a jeans day for a \$5 donation. <b>\$5 provides 15 nutritious meals!</b></p>	<p><b>15</b>  <a href="#">Download</a> the NTFB App in the Apple or Google Play store to stay up to date with NTFB news!</p>	<p><b>16</b> <b>Join us tomorrow at Klyde Warren Park for lunch – 10% of food truck sales will benefit NTFB!</b></p>	<p><b>17</b> <b>Hunger Action Day!</b></p>	<p><b>18</b> Donate your status for hunger!</p>
<p><b>19</b> Support NTFB by purchasing a paver to be displayed at our Plano facility. Quantities are limited, visit <a href="#">here</a> for more info.</p>	<p><b>20</b>  Call your elected officials and tell them the issue of hunger matters! Find yours at: <a href="http://usa.gov">usa.gov</a></p>	<p><b>21</b> <b>Sign-up now for NTFB's 2nd Out Run Hunger Virtual Run!</b> For more information, please visit <a href="http://www.ntfb.org/run">www.ntfb.org/run</a></p>	<p><b>22</b>  <b>Did you know?</b> Over 90% of the food NTFB distributes is considered nutritious!</p>	<p><b>23</b> 9.23.21 <b>COMMUNITIES FOUNDATION of TEXAS</b> <b>NTX GIVING DAY</b> presented by amazon <a href="http://ntfb.org/givingday">ntfb.org/givingday</a></p>	<p><b>24</b>  <b>STATE FAIR OF TEXAS</b> Opening Day! Bring 2 jars of peanut butter for \$10 Admission.</p>	<p><b>25</b>  Want to learn more about community campaigns benefitting NTFB. Click <a href="#">here</a>.</p>
<p><b>26</b>  September is our birthday month! Help us celebrate by making a \$39 <a href="#">donation</a> - you'll provide 117 meals!</p>	<p><b>27</b> Today is National Chocolate Milk Day! Chocolate milk is a great post workout recovery drink, thanks to the perfect ratio of carbs to protein.</p>	<p><b>28</b> <b>Visit Flatbread Co. today to support NTFB!</b> \$4 for every Large and \$2 for every Small will be donated to NTFB from 4 - 10 PM</p>	<p><b>29</b> Choose the North Texas Food Bank when using AmazonSmile!</p>	<p><b>30</b> <b>SPREAD THE HOPE PEANUT BUTTER DRIVE</b> Don't forget about our Peanut Butter Drive. Click <a href="#">here</a> for more info.</p>		



Check out our Partners "Going Orange" for Hunger Action Day:  
Bank of America Plaza • Omni Hotel Dallas • Klyde Warren Park