



Thanks to you, children, seniors and families in North Texas will have food this fall.

AROUND *the* TABLE

Fall 2021



Trisha Cunningham
President & CEO

Ready for Normalcy, Despite Ongoing Challenges

You will help ease the worries of children and families in North Texas this school year



For the past year and a half, school has felt anything but normal. Between navigating remote learning and hybrid schedules, trying to stay focused during uncertainty and not being able to fully participate in extracurricular activities, kids and their families are more than ready for a sense of normalcy.

Thankfully, most schools are going back to their traditional schedules and in-person learning this school year. While this is exciting news for many, a lot of families in North Texas are worried . . .

Parents are worried they won't be able to afford school supplies and food, especially with cost increases due to inflation. Children are worried that their empty stomachs will make it hard to focus in their classes.

Sadly, here in North Texas, 1 in 5 children may not know where they will get their next meal, which is the fifth highest number of food-insecure children in the country. This means that almost 300,000 kids, our neighbors, struggle with hunger. The COVID-19 pandemic has already taken such a toll on the mental health and educational development of students. We can't let hunger get in the way of their success this year.

That's why I'm so grateful for friends like you who join us in our mission to feed hungry children and families in North Texas.

In this newsletter, you'll meet the people whose lives you've helped change through your compassionate generosity, including families with children who will soon be heading back to school.

Stories like these are why the North Texas Food Bank exists — and why we are so grateful for your ongoing support, especially right now.

Food costs are the highest they've been in 50 years, which means it will be harder for people to afford to feed their families and keep a roof over their heads. Every gift you share can make a life-changing impact for our hungry neighbors. Thank you!

Gratefully,

Trisha Cunningham
President & CEO

Board of Directors

Executive Committee

- Michael Brookshire, *Bain & Company (Chair)*
- John A. Beckert, *Highlander Partners*
- Tyler Cooper, *Cooper Aerobics*
- Jerri Garison, *Baylor Scott & White Health (Vice Chair)*
- Jeff George, *Maytal Capital*
- Calvin Hilton, *Alliance Data*
- Ginny Kissling, *Ryan, LLC*
- Retta Miller, *Jackson Walker, LLP*
- Adam Saphier, *Trammell Crow Co.*
- Priya Sarjoo, *Grant Thornton, LLP*

Members at Large

- Aradhana (Anna) Asava, *HungerMitao*
- Flauren Bender, *Community Volunteer*
- Diana Flores, *Dallas College Board of Trustees*
- Marcella Foreman, *Community Volunteer*
- Susan Glassmoyer*, *Crystal Charity Ball*
- Patti Hanson, *Capital One*
- Mabrie Jackson, *H-E-B/Central Market*
- Don Janacek, *FreshOne Holdings, LLC*
- Kim Kesler, *KPMG LLP*
- Wan Kim, *Smoothie King Inc.*
- Linley Pisano*, *Junior League of Dallas*
- Mike Preston, *FedEx Office*
- Katherine Perot Reeves, *Community Volunteer*
- Andrew Rosen, *Kainos Capital, LP*
- Todd Yoder, *Fluor Corporation*

*Ex-officio members

General Counsel

- Andy Zollinger, *DLA Piper LLP (US)*

President & CEO

- Trisha Cunningham

Life Board Members

- John A. Beckert, *Highlander Partners*
- Tom Black, *Black, Mann & Graham*
- Jerry Ellis, *Community Volunteer*
- Anurag Jain, *Access Healthcare (Chair Emeritus)*
- Bette Perot, *Perot Foundation*
- Teresa Phillips, *TPHD, LLC*
- Stephan Pyles, *Stephan Pyles Concepts*

Founders

- Jo Curtis
- Ambassador Kathryn Hall
- Lorraine Griffin Kircher
- Liz Minyard

Address and Phone Number for all members:
3677 Mapleshade Lane
Plano, TX 75075
214.989.6678



Because of you, Lisa's family won't go hungry this summer.

Helping Families Make It Through Tough Times Your generosity helps three generations in Lisa's family

Taking care of others is in Lisa's nature. When her mother fell ill three years ago, Lisa moved into her house to help care for her. When her daughter was struggling with addiction, Lisa stepped in and took care of three of her grandchildren.

But looking after an ailing and aging mother and three growing children is no easy feat, and sometimes **Lisa just can't make her limited income stretch far enough.**

Thankfully, Lisa was able to turn to one of our Partner Agency food pantries for much-needed help. **The food she receives each week ensures that all six people in her household have nutritious meals, including her youngest grandson, Trooper, who just turned 7.**

As Lisa says, this food makes all the difference because "it's meals throughout," meaning no one has to skip meals. Lisa also shares that if she ever has food left over from what her family needs, "I pay it forward."

"Whether it's a couple of neighbors or my mentor and counselor at church," Lisa says, the food always

goes to someone in need. **"We're just a community helping everybody out."**

Lisa's story is all too common. Single parents and grandparents are trying to take care of growing children on a smaller budget. Some, like Lisa, are also caring for older family members with health complications. Then there are the hardworking parents who lost jobs or had unexpected medical leave and are needing food assistance for the first time.

Now with the school year approaching, many families who are already living paycheck to paycheck face increased expenses for things like school supplies and required doctor visits. These unbudgeted costs, plus inflation pushing food prices to a 50-year high, means more families are struggling to get by.

Thankfully, friends like you allow the North Texas Food Bank and our Partner Agencies to be there for our neighbors in need. And with your ongoing support, we can continue to provide nutritious food to help children, seniors and families throughout the year.

You Are Feeding North Texans in Need

Thank you for ensuring that neighbors in your community are fed this fall



September 11

The North Texas Food Bank is reimagining this signature event as a seated dinner and celebration at the Omni Dallas Hotel. Ambassador Kathryn Hall, one of NTFB's founders, will be chairing the event this year with her husband, Craig, joined by keynote speaker, Claire Babineaux-Fontenot, CEO of Feeding America and one of TIME magazine's most influential people of 2020. The evening will celebrate the rich history and impact of the Food Bank serving the community for 40 years.

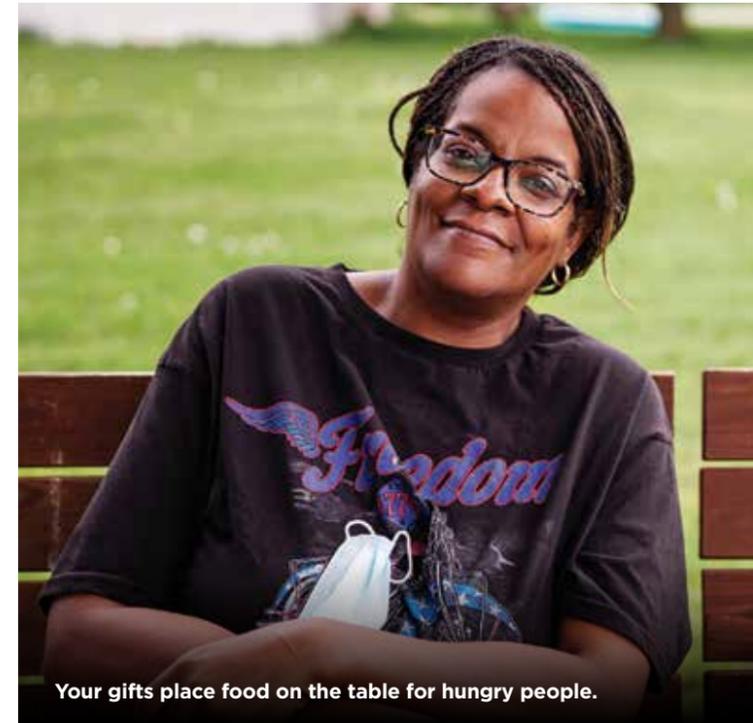
To purchase tickets, visit ntfb.org/harvest.



Thank you for helping fight food insecurity.



This fall, your support of the North Texas Food Bank will give children and families what they need to succeed.



Your gifts place food on the table for hungry people.



Every \$1 you give provides three meals for hungry children across North Texas.



Because of you, seniors in our community won't have to choose between buying food and paying bills.

Ways to Get Involved

DFW Restaurant Week August 9 - September 5

As North Texas' largest annual culinary event, DFW Restaurant Week presented by Your Metroplex Cadillac Dealers provides diners the opportunity to enjoy special menus at fine dining restaurants, while raising money for local charities like NTFB. For participating restaurants, visit ntfb.org/restaurantweek.

Hunger Action Month September

Hunger Action Month, recognized by Feeding America and food banks, is a time when people all over the nation stand against hunger. Volunteering, advocating, fundraising and donating are just a few ways to take action. To get involved, visit ntfb.org/HAM.

State Fair of Texas September 24 - October 17

For more than 30 years, the North Texas Food Bank and the State Fair of Texas have partnered together to host the Food Bank's largest canned food drive. This year, join NTFB at the State Fair on Opening Day and each Wednesday. Bring your canned food donations for a special ticket offer. For more information, visit ntfb.org/bigtex.



SPREAD THE HOPE

PEANUT BUTTER DRIVE

SEPTEMBER 1-30, 2021

Each September, the North Texas Food Bank's Peanut Butter Drive creates awareness about food insecurity in our community by collecting regular-sized, plastic jars of peanut butter and nut butter varieties to help feed children and their families. Peanut butter is shelf-stable and a kid-friendly protein rich in nutrients.

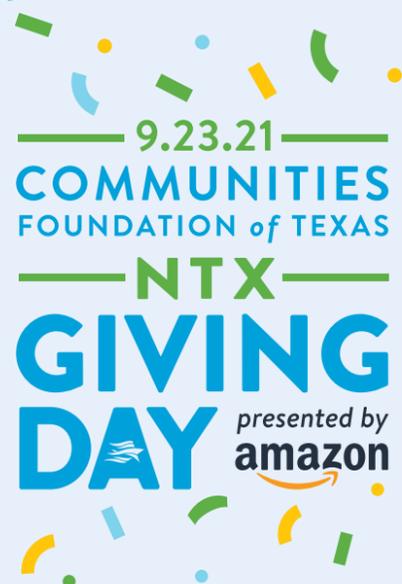
Last year we collected 287,296 pounds of peanut butter, but due to the increased need in our community, this year our goal is 300,000 pounds of peanut butter. Your company or organization can register to host your own drive, can participate virtually, or you can collect jars and drop them off at NTFB's Perot Family Campus.

For more information, visit ntfb.org/peanutbutterdrive.

MARK YOUR CALENDAR FOR NORTH TEXAS GIVING DAY ON SEPTEMBER 23, 2021

North Texas Giving Day is the largest community-wide giving event in the nation, and **with your support, we can reach our goal of providing access to 3.6 million meals** for North Texans in need.

You can schedule your online donation ahead of time beginning September 1 through Giving Day on September 23. Join us at ntfb.org/givingday to help our community rise, unite and thrive.



Fight Hunger by Leaving a Lasting Legacy

Planned giving is a personal choice, and the right plan is different for everyone.

You can help ensure that future generations have access to nutritious meals for years to come by making a planned gift to the North Texas Food Bank.

Types of Planned Gifts

- Wills and living trusts
- Life insurance gifts
- Stock gifts and real estate
- IRA charitable rollovers
- Appreciated securities

If the North Texas Food Bank is already part of your plan, please let us know. For questions or to share what you envision your legacy could be, contact Erin Fincher at 214.269.8976 or erin@ntfb.org.



Brandie is so grateful for the food that friends like you help provide for her family.

Families Have Food to Get Them Through Hard Times, Thanks to You

Your gift keeps food on the table when struggling parents can't afford to feed children

Brandie is a hardworking single mother of two growing children. Like many of our neighbors in North Texas, she was out of work for a while due to the pandemic.

Thankfully, she knew somewhere she could turn for help — a place that had helped her during hard times in the past . . . Amazing Grace Food Pantry, one of the North Texas Food Bank's Partner Agencies.

Brandie had come to Amazing Grace for food assistance three years ago. Then, when things got better, she came and volunteered to give back. Now she's turning to them once again for help.

"Every little bit helps," Brandie says. She is especially grateful for the fresh fruit and variety of protein she receives at the food pantry. "My son needs to have a healthy diet, and I really like that everything I get here is nutritious," she shares.

It is expensive to feed her growing children, ages 5 and 11. While Brandie is grateful to be back to work, she still struggles to make ends meet on her income alone.

Anna is another mother who now turns to our partners at the food pantry to help feed her family. When her husband fell ill and couldn't work, she was unsure how they would be able to afford food.

Thankfully, a friend told them about how much the food pantry had helped them, and Anna decided to come.

"People depend on me, and this food helps them," Anna says. She is so grateful for the nutritious food she receives and hopes to pay it forward someday. "When I'm in the situation to do so, I would like to donate and come back to volunteer."

Your generous support allows the North Texas Food Bank to provide food for families like Brandie's and Anna's in their time of need. Thank you for ensuring that our neighbors won't go hungry this summer.



Because of your generosity, families like Ted's in North Texas won't have to choose between food and medical care.

You Help Feed Food-Insecure Families

“The food we received was a lifesaver.”

Times were tough for Ted. He worked tirelessly to support his family of six, but his wife's medical bills had hit them hard. After the rent was paid, there was barely enough left over to put gas in their car, let alone buy groceries.

His heart hurt to think his two young grandchildren might go hungry. So when a friend invited Ted along to visit one of our Partner Agency food pantries, he was hopeful.

“I wasn't looking for a handout,” Ted explains. “I was looking for a hand-up.”

At the food pantry, Ted received meat, fresh fruits and vegetables, and canned goods — a blessing for

someone who didn't know where his grandkids' next meal would come from.

“The food we received was a lifesaver,” Ted says. “My wife needs dialysis three days a week, in addition to our regular doctor visits. The food pantry helped us. Anyone who needs assistance should come here.”

On behalf of Ted and his family, thank you for helping feed neighbors across North Texas. Your support right now is crucial as more and more people in our community continue to struggle to make ends meet due to record high inflation and food prices. Together we can provide food for today and hope for tomorrow!



Physical Address:
3677 Mapleshade Lane
Plano, TX 75075
P 214.330.1396
F 214.331.4104

Mailing Address:
P.O. Box 676204
Dallas, TX 75267-6204

Our Vision:
A hunger-free, healthy North Texas

