



You're feeding children and families  
across North Texas this summer.

# AROUND *the* TABLE

Summer 2021



Trisha Cunningham  
President & CEO



## Hungry Children and Families Need You This Summer

As the school year winds down and summer approaches, it should be a carefree time for kids. But right now, many of them are worried.

**That’s because almost 300,000 children in our community don’t know where their next meal will come from.** In the summer, their struggling parents are forced to figure out how to afford to pay for the breakfasts and lunches their children get for free during the school year. Add that to the financial challenges these families are facing due to the pandemic and the winter storm, and we fear this might be their hungriest summer yet.

Thankfully, they can count on friends like you. Your gifts allow the North Texas Food Bank to prepare for the increased demand from families who are overwhelmed by the extra meals added to a budget that is already stretched thin.

Inside this newsletter, you’ll read stories about the neighbors you’ve helped, from Adimir, a father of three who lost his job and worries how he’ll feed his family . . . to Wyndy, a single mother struggling to make ends meet. Thanks to you, their families will stay fed this summer.

And you can have twice the impact when you send your gift by July 30. That’s because our friends at the David M. Crowley Foundation are offering to match every dollar — up to \$425,000. We’re calling it the Million+ Meals Match because **we’ll be able to provide 2.5 million meals**, at a time when they are critical.

**Thank you for feeding hungry children, seniors and families this summer when it’s needed so much.**

Gratefully,

Trisha Cunningham  
President & CEO

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## You’re Keeping Families Fed

### Thank you for helping a father who’s lost his job

Adimir has always worked hard to provide for his family. And with three kids under the age of 7, there are a lot of hungry mouths to feed.

That’s why Adimir was worried when the COVID-19 pandemic began. Almost overnight, he lost his source of income as an electrical contractor. He was faced with a scary question: Would he be able to afford paying bills and feeding his family?

We hear stories like Adimir’s every day. Hardworking parents who lost jobs or had hours cut, struggling to get by and needing food assistance for the first time.

Thankfully, Adimir heard about one of the Mobile Pantry distributions at Fair Park. Thanks to your generosity, he was able to receive fresh produce, grains and even a turkey.

**“We have six members in our household, and the food you provide is more than enough,” Adimir says.**

With summer just around the corner, more families like his will need our help. That’s because when schools close, students lose access to the free breakfasts and lunches they receive throughout the year. And worried parents will need to find a way to provide 10 extra meals each week . . . per child!

**“I’m just getting back on my feet,” Adimir says. “The food we receive helps us finish the week. It means a lot.”**

You make this possible, and Adimir is so thankful for your support.

“Please keep donating because you are helping a lot of people,” Adimir says.

**Thanks to generous friends like you, families like Adimir’s can stay fed during the tough summer months.**

Because of you, Adimir’s children won’t go hungry this summer.



# Help Make This a No Hunger Summer

Thank you for feeding children and families all summer long



## 22nd Annual Empty Bowls

Thank you to everyone who joined us for our drive-thru Empty Bowls, presented by Kroger. While the event looked different, the centerpiece of handcrafted bowls from local artists, potters and woodturners remained. Thanks to your support and the support of our sponsors, artisans, vendors and auction donors, funds raised provided access to **more than 380,000 nutritious meals** for neighbors experiencing hunger across North Texas.

## Ways to Get Involved

### Virtual Food Drive

Join us by filling a virtual shopping cart with our most-needed items. Register as an individual or as a team and encourage your friends, family or coworkers to get involved. Together, we can work to close the hunger gap across North Texas by providing access to nutritious food. To start your drive, visit [ntfb.org/virtualfooddrive](https://ntfb.org/virtualfooddrive).

### Volunteer

Make a difference and volunteer at our Mobile Pantry food distributions or at our Perot Family Campus in Plano. Help us sort, bag and box food for our neighbors facing hunger while working together with other volunteers and staff. For available opportunities, visit [ntfb.org/volunteer](https://ntfb.org/volunteer).

### NTFB E-Store

From t-shirts to accessories, you can support the North Texas Food Bank in style and give back. Proceeds allow us to provide access to nutritious meals for children, seniors and families across our 13-county service area. To shop, visit [ntfb.org/estore](https://ntfb.org/estore).

## Letter Writing Campaign

Each year, the North Texas Food Bank's Letter Writing Campaign raises funds to help provide access to nutritious meals for children facing hunger through initiatives like Food 4 Kids and our School Pantry program. Thanks to the generosity of our supporters, campaign chairs and advocates, we surpassed our goal of 1.5 million meals and provided access to **more than 2.2 million meals**. Thank you for helping us fight childhood hunger and provide hope — one meal at a time.



Your gift will keep a child from going hungry this summer.



With your help, we'll be able to feed the children, seniors and families who come to us during the busy summer months.

## Planned Giving

### Continue Fighting Hunger Through an Estate or Legacy Gift

With a planned gift, you can help ensure that the Food Bank and our Partner Agencies are able to provide access to meals for those in need for years to come.

### Types of Planned Gifts

- Wills and bequests
- Life insurance gifts
- Stock gifts and real estate

If you'd like more information about planned giving, visit our website at [ntfb.org/plannedgiving](https://ntfb.org/plannedgiving) or contact Erin Fincher at 214.269.8976 or [erinf@ntfb.org](mailto:erinf@ntfb.org).



Your support ensures that children get the healthy food they need when schools are closed.



Thanks to you, North Texas seniors won't have to choose between paying for food or medicine.



David M. Crowley Foundation

## Help Provide 2.5 Million Meals

Through this matching opportunity, you can make twice the impact

Across North Texas, **thousands of children** may not know where they will get their next meal. These hungry boys and girls will be at an even greater risk when the school bells ring for the last time this month.

But you can continue to help your North Texas neighbors this summer by sending a special gift to ensure that families in need have enough healthy food to eat.

**And thanks to a matching opportunity from our friends at the David M. Crowley Foundation, every dollar you give by July 30 will DOUBLE, up to \$425,000.**

We're calling it our Million+ Meals Match because, with your help, we'll be able to provide 2.5 million meals to our hungry neighbors.

With many families still facing the financial impact of the COVID-19 pandemic and the winter storm, this opportunity is especially critical right now. Many neighbors are experiencing food insecurity for the first time and don't know where their next meal will come from.

**It's a heartbreaking situation. No one in our community should ever go hungry.**

To be there for them, and the thousands of other hungry neighbors who need us, we depend on help from our most supportive partners like you.

**Please send your Million+ Meals Match gift today to provide TWICE as much food to children, seniors and families this summer.**

To give online, visit [ntfb.org/summernewsletter](https://ntfb.org/summernewsletter).



Your gift provides twice as many meals to hungry children across North Texas.



**“The food is fantastic,” Elyshia says.**

Elyshia's growing boys will have food this summer because you care.

## Families Making Ends Meet, Thanks to You

How your gift keeps food on the table when school's not in session

Elyshia is a hardworking single mother who balances three jobs to support her family.

“My motto, especially in times like these, is that ‘you need to stay one step ahead,’” she says.

When the pandemic began, she tried to look on the bright side of months spent at home, such as quality time with her children.

“It forced our family to slow down and live life like it's meant to be lived — spending time together and making memories,” Elyshia says.

**Even so, more time at home meant more meals to cook. And it can be expensive feeding a teenage son and a third-grader who are always hungry.**

It was a stressful time for work, too. Even though Elyshia owns a jewelry business, is a licensed life insurance agent and is a notary, her income at times was unpredictable . . . and wasn't always enough to keep food on the table for her two growing boys.

That's why she's thankful that the North Texas Food Bank's School Pantry program partners with her youngest son's school — even when school is closed. Thanks to you, she's able to receive healthy food for her family when she needs it most.

**“The food is fantastic,” Elyshia says. “The School Pantry is great for families who need a little extra help and extra food just to be able to make a complete meal.”**

Elyshia is so grateful for the food you help provide, and she's looking forward to the day when she can give back to the North Texas Food Bank.

**Because of friends like you, Elyshia has the comfort of knowing that her family won't go hungry this summer.**

# Providing Food for Families in Need

## You're helping a single mother feed her children this summer

Last year was already a challenge for Wyndy, due to the pandemic. Then she became a single mother. With two children under the age of 4, she has her hands full.

“I’m trying to learn how to maneuver the new normal,” Wyndy says. “It’s been kind of tough.”

She’s grateful to have a steady job working for a hospital, but that also means finding affordable childcare. Even with a paycheck she can count on, some weeks it’s still hard to make ends meet. And in the summer it’s even harder, when her air conditioning and water bills increase.

**Wyndy never thought she’d need help from a food bank.**

She’s not alone. In fact, since the pandemic began, 40% of the people who come to the North Texas

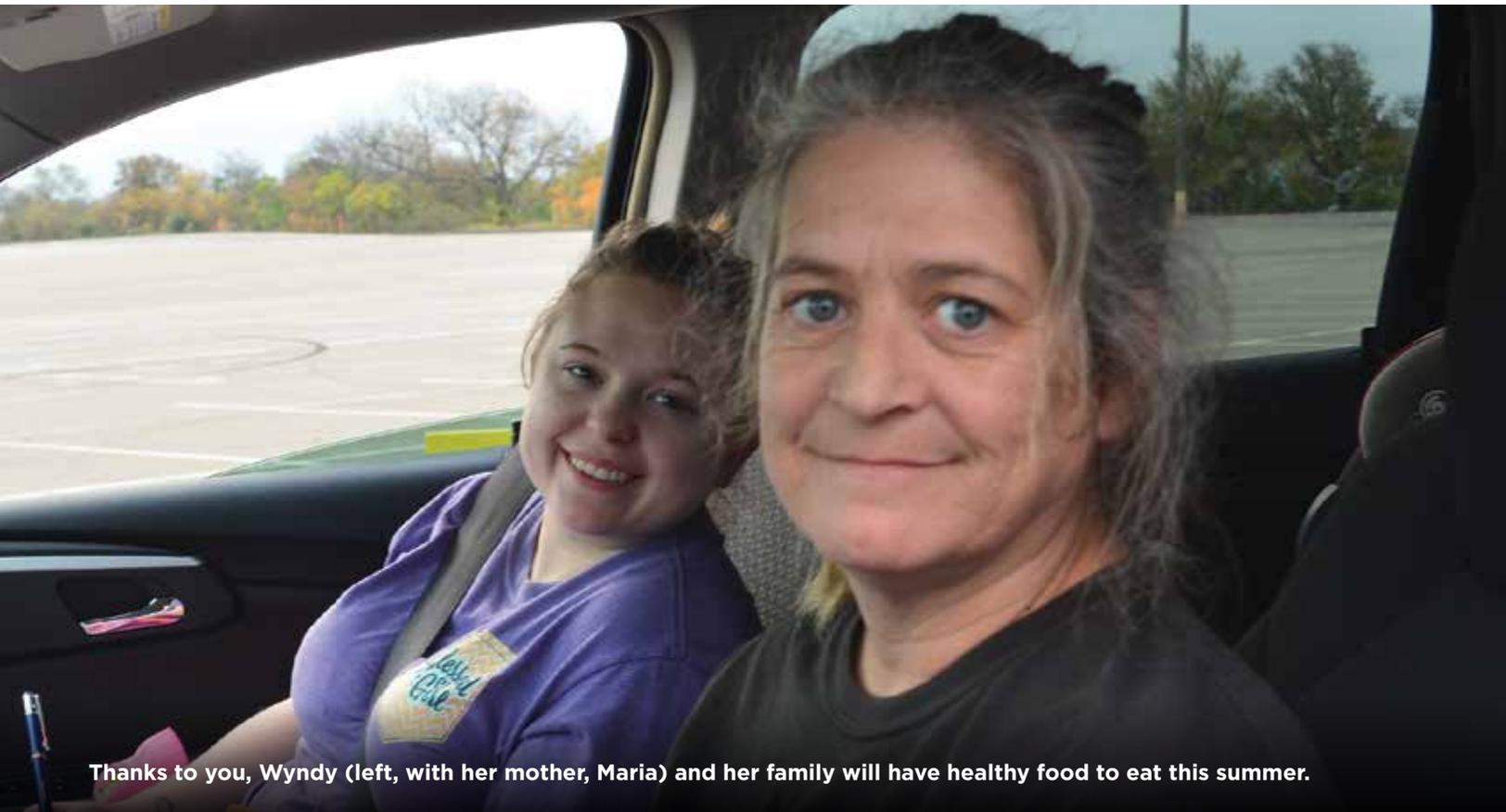
Food Bank and our Partner Agencies for help had never sought food assistance before. But after a year of lost jobs or reduced work hours, many neighbors are struggling. Others, like Wyndy, suddenly find themselves becoming the sole earner in the household.

**That’s why your support of the North Texas Food Bank is so important, especially right now.**

Wyndy was grateful when she heard about one of our Mobile Pantry distributions, made possible by caring friends like you. She was able to receive fresh produce, meat and dairy for her family — all without leaving her car.

“Being a single mom, it’s harder to provide,” she says. “This food helps.”

**You make this possible, and we are so grateful for your help feeding neighbors in need.**



Thanks to you, Wyndy (left, with her mother, Maria) and her family will have healthy food to eat this summer.



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**Our Vision:**  
A hunger-free, healthy North Texas

