



**Children, seniors  
and families across  
North Texas will  
stay fed this spring,  
thanks to you!**

# AROUND *the* TABLE

**Spring 2021**



Trisha Cunningham  
President & CEO

## Feeding Our Most Vulnerable Neighbors



I want to take a moment to thank you for your generous support in 2020. Because of you, we were able to provide more than 118 million meals for children, seniors and families in need.

During this difficult year, many of our neighbors were hit especially hard. Hardworking men and women lost their jobs. Some have been hired back but are still recovering from months without a paycheck. And countless others were already struggling before the pandemic began.

That includes our seniors who often live on fixed incomes and battle severe, and costly, medical issues. The North Texas Food Bank works to ensure that these seniors have access to nutritious foods that meet their health needs.

**Thanks to the generosity of friends like you, we can be there for everyone who needs us, regardless of age.**

In this issue of *Around the Table*, you'll read stories of the people you've helped. You'll hear from Sharon, a widow who struggles to make ends meet. You'll also read about Esteban, who suffered a stroke and is unable to work. Because of your support, they won't have to choose between food and other necessities.

Thank you for ensuring that our seniors and other North Texas neighbors receive the help they need in order to have healthy food . . . and hope!

Gratefully,

Trisha Cunningham  
President & CEO

## Board of Directors

### Executive Committee

Michael Brookshire, *Bain & Company*  
(Chair)

John A. Beckert, *Highlander Partners*  
Julia Buthman, *Prudential Capital Group*  
Tyler Cooper, *Cooper Aerobics*  
Jerri Garison, *Baylor Scott & White Health*  
Calvin Hilton, *Alliance Data*  
Ginny Kissling, *Ryan, LLC*  
Adam Saphier, *Trammell Crow Co.*  
Priya Sarjoo, *Grant Thornton, LLP*

### Members at Large

Flauren Bender, *Community Volunteer*  
Bobby Chestnut, *Bank of America*  
*Merrill Lynch*  
Marcella Foreman, *ExxonMobil*  
*Corporation*  
Jeff George, *Maytal Capital*  
Cheryl Hughes, *Toyota Motor North*  
*America, Inc.*  
Kylonnice Jackson\*, *Junior League*  
*of Dallas*  
Mabrie Jackson, *H-E-B/Central Market*  
Don Janacek, *FreshOne Holdings, LLC*  
James D. Jordan, *Munsch Hardt Kopf*  
*& Harr, P.C.*  
Wan Kim, *Smoothie King, Inc.*  
Retta Miller, *Jackson Walker, LLP*  
Mike Preston, *FedEx Office*  
Katherine Perot Reeves, *Community*  
*Volunteer*  
Andrew Rosen, *Kainos Capital, LP*  
Todd Yoder, *Fluor Corporation*

\*Ex-officio member

### General Counsel

Andy Zollinger, *DLA Piper LLP (US)*

### President & CEO

Trisha Cunningham

### Life Board Members

John A. Beckert, *Highlander Partners*  
Tom Black, *Black, Mann & Graham*  
Jerry Ellis, *Community Volunteer*  
Anurag Jain, *Access Healthcare*  
Bette Perot, *Perot Foundation*  
Teresa Phillips, *TPHD, LLC*  
Stephan Pyles, *Stephan Pyles Concepts*

### Founders

Jo Curtis  
Ambassador Kathryn Hall  
Lorraine Griffin Kircher  
Liz Minyard

Address and Phone Number for all members:  
3677 Mapleshade Lane  
Plano, TX 75075  
214.989.6678

## Helping Those Who Help Others

### Because of you, seniors won't go hungry this spring

Sharon cares deeply about giving back to her community. She's especially passionate about causes that support children and those experiencing homelessness, often leading back-to-school and clothing drives.

Sometimes Sharon needs help, too.

Like many seniors, she lives on a fixed income. She's a widow, and her social security checks don't stretch quite far enough. **By the end of the month she's often out of money, only able to afford basics like milk and bread.**

Three years ago, a friend recommended she visit a food pantry run by one of our Partner Agencies. There, she's able to receive meat, produce and canned goods that can sometimes last her up to a month. She only goes when she absolutely has to so others can get what they need.

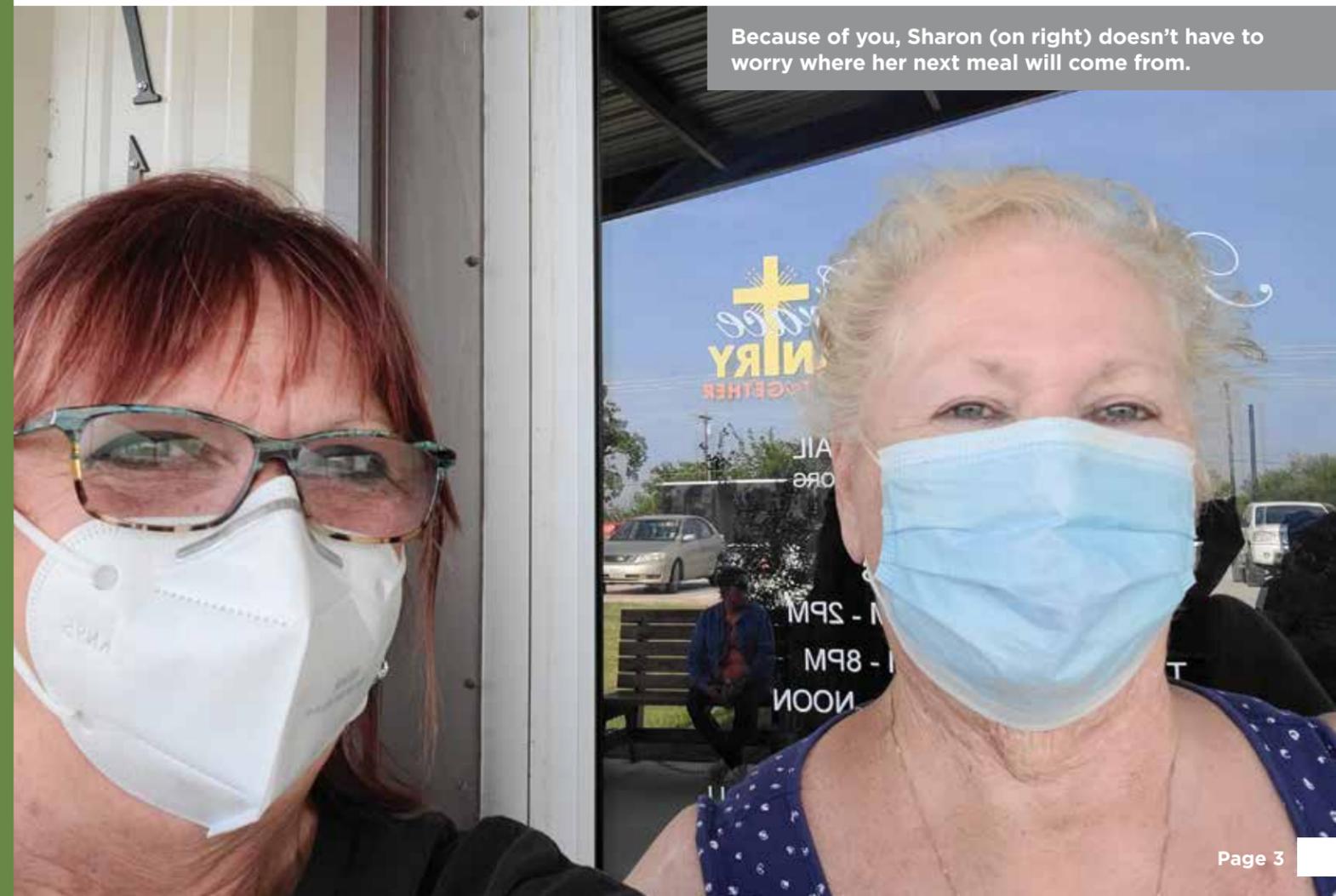
Sharon always shares the food she receives with seniors in her neighborhood who are not able to make it to the food pantry on their own. She's so thankful for the food you help provide and for the people at the pantry.

**"Whenever you need something, they are there," Sharon says.** "They are very helpful to the community."

Every day we meet seniors like Sharon who need a little help getting by and who are determined that no one else goes hungry, either. They're often living on fixed incomes, and many battle health issues that can be costly. And due to the pandemic, we're seeing even more older neighbors who are at risk of going hungry.

**Your gifts make it possible for seniors like Sharon to receive healthy food when they need it most!**

Because of you, Sharon (on right) doesn't have to worry where her next meal will come from.



# You're Feeding Hungry Neighbors This Spring

Thanks to you, children, seniors and families across North Texas will have healthy food

## Make Your Gifts Last a Lifetime

*Help fight hunger for years to come*

Make a lasting impact for future generations across North Texas by including the North Texas Food Bank in your will or trust.

With a planned gift, you can help ensure that the Food Bank is able to provide access to meals for those in need for years to come. These types of charitable arrangements also provide you with benefits, like the opportunity to donate up to \$100,000 in IRA rollover contributions . . . **completely tax-free.**

### Planned Giving Helps the Community and Benefits You

- Encourages estate planning
- Creates a permanent memorial
- Manages assets at low or no cost
- Provides income, estate and capital gains tax savings

### Types of Planned Gifts

- Wills and bequests
- Life insurance gifts
- Stock gifts and real estate

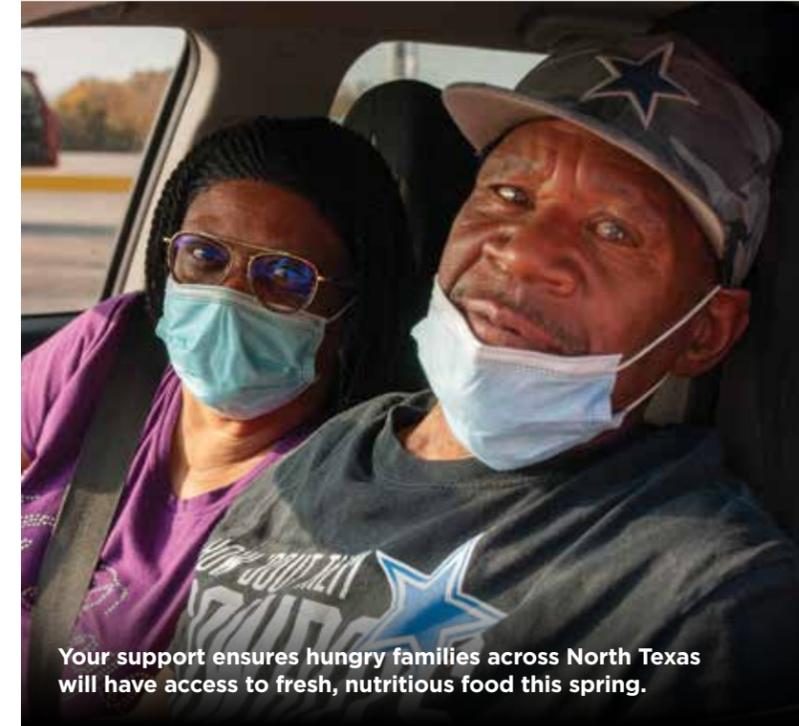
If you'd like more information about planned giving, visit our website at [ntfb.org/plannedgiving](https://ntfb.org/plannedgiving) or contact Erin Fincher at 214.269.8976 or [erinf@ntfb.org](mailto:erinf@ntfb.org).



Because of you, she won't have to choose between food or medicine.



Neighbors won't have to worry where their next meal will come from, thanks to you.



Your support ensures hungry families across North Texas will have access to fresh, nutritious food this spring.



With every gift, you're feeding children, seniors and families in our community.



Parents can provide healthy food for their children, thanks to your generosity.



VIRTUAL • 2020  
**SPREAD THE HOPE**  
 COLLIN COUNTY  
**PEANUT BUTTER DRIVE**

Each fall, the Spread the Hope Collin County Peanut Butter Drive creates awareness about food insecurity in our community, while collecting shelf-stable protein for our hungry neighbors.

Due to the increased needs because of the COVID-19 pandemic, we set a 2020 goal to collect 220,000 pounds of peanut butter. We're thrilled to share that during our first-ever virtual Peanut Butter Drive, a total of **287,296 pounds** were collected!

Thank you to everyone who participated, donated and spread the word. Together, we are able to provide critical nourishment to children, seniors and families facing hunger.

The North Texas Food Bank collects peanut butter and canned food items throughout the year. For more information, visit [ntfb.org/donatefood](http://ntfb.org/donatefood).

## Providing Food and Hope for Thousands This Holiday Season

Right before the Thanksgiving holiday, thousands of cars lined up outside Fair Park for our biggest Mobile Pantry food distribution to date. This drive-thru model allows neighbors in need to safely remain in their cars while nutritious food is placed in the trunk.

Thanks to support from friends like you, the North Texas Food Bank in collaboration with many partners was able to distribute more than 600,000 pounds of food . . . **enough to feed 25,000 hungry neighbors.**

Neighbors like Jamie. She and her husband are both out of work due to the COVID-19 pandemic, and their 11-year-old son is at home in virtual school. With no steady income, they had to sell their house and move into an apartment. For the first time, they were faced with the impossible choice of paying bills or buying food. Because of you, they didn't have to worry about going hungry this holiday season.

Since the onset of the pandemic, many of our neighbors have seen their budgets stretched due to job loss or medical bills. The North Texas Food Bank and our Feeding Network have worked tirelessly to provide healthy food to neighbors in need, providing access to more than 118 million nutritious meals in 2020.

That's the incredible impact your generous gift makes. It's been a record-breaking year, and we **thank you for helping us be there for our neighbors in need across North Texas.**



Friends like you helped provide enough food to feed 25,000 hungry neighbors!



Janet and Esteban have a full pantry this month because of you!

## Healthy Food for Families in Need

Hungry neighbors can get nutritious foods, thanks to you

After suffering a stroke, Esteban could no longer work as a repairman, a career that meant so much to him.

"I worked at one place for almost 20 years, six or seven days a week," Esteban says. "It's hard to stop if you love something. It's really hard."

He and his wife, Janet, live on a limited income, and Esteban's disability checks don't stretch very far. They're both diabetic and have high blood pressure, "so it's important that you eat healthier foods," Janet says.

Two years ago, Esteban and Janet discovered the food pantry at Brother Bill's Helping Hand, run by one of our Partner Agencies. They're grateful for the fresh, healthy food they receive — food that friends like you help provide just in time.

"Toward the last week of the month, we're running out of everything at home," Janet says. "**Any food we get from the food pantry is a big blessing.**"

"It's a miracle," Esteban adds.

For them, Brother Bill's is more than just a food pantry. It's a community. In addition to food, they've received help from the clinic, taken classes and joined faith studies, all run by this Partner Agency.

Still, accepting help from others can be difficult.

"It's hard on me," Esteban says. "I've been working since I was 14. I've never really asked anybody for help."

"I never thought we'd ever be in a situation like we are in," Janet says. "If you have the money or the time to donate, please do because it helps more than you'll ever know."

The North Texas Food Bank has never seen an increased need like we have since the pandemic began. And those who were already struggling, like Esteban and Janet, are often impacted the most.

**But with your continued support of the Food Bank, these vulnerable neighbors can receive the nutritious food that they need.**

# “The food pantry welcomes you with open arms.”

You’re feeding neighbors who struggle to make ends meet

Fonda prides herself on being a hard worker. That’s why it was so heartbreaking when she injured her back due to spinal arthritis and could only work a few hours each day.

**With such a drastic cut to her paycheck, it wasn’t long until Fonda no longer had enough money for groceries.**

Thankfully, Fonda learned about a food pantry run by one of our Partner Agencies. There, she’s able to receive protein, dairy and vegetables.

“Since I’m just getting food for myself, I can make the food stretch,” Fonda says. “I don’t go every week if I don’t need to so there can be enough food for others who need it.”

Even before the pandemic began, the pantry has been a lifesaver. And now it’s more vital than ever.



When you give to the North Texas Food Bank, you make sure neighbors like Fonda get the healthy food they need.

**“They give out so much food. I don’t know what I would do without them,” Fonda says.**

So many people like Fonda across North Texas are eager to work but are unable to due to illness, injury or layoffs from the pandemic. They struggle to make ends meet and are grateful for the support you provide.

“I don’t like to ask for help,” Fonda says, “but I needed it. And the food pantry welcomes you with open arms.”

**“When you donate, you are helping people who can’t help themselves right now,” Fonda continues. “If I had extra money, I would donate!”**

Your generosity ensures that neighbors like Fonda stay fed. Thank you!

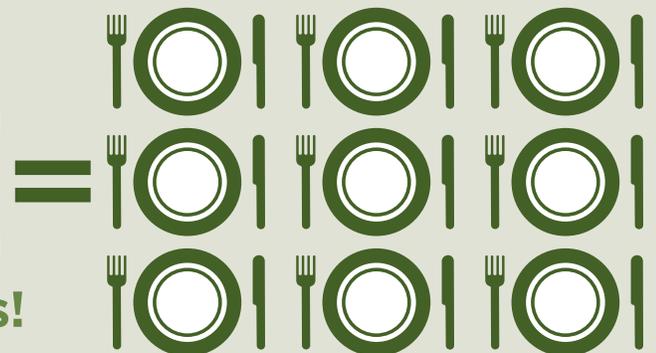
## Triple Your Gift This Spring

Help feed three times as many hungry North Texans

For the past year, countless neighbors who had never before needed help have turned to the North Texas Food Bank. In fact, 40 percent of the people turning to us right now are doing so for the first time. Thanks to a Matching Gift Opportunity from the Lesley Family Foundation, **any gifts sent by March 29 — up to \$85,000 — will TRIPLE!** That’s right, your gifts will TRIPLE to feed three times as many hungry people across North Texas. **With this matching opportunity, just \$1 provides nine meals.**



**\$1 = ~~1~~ 9 Meals!**



To give today, visit [ntfb.org/springnewsletter](https://ntfb.org/springnewsletter).



**Physical Address:**  
3677 Mapleshade Lane  
Plano, TX 75075  
P 214.330.1396  
F 214.331.4104

**Mailing Address:**  
P.O. Box 224607  
Dallas, TX 75222-4607

**Our Vision:**  
A hunger-free, healthy North Texas



Connect with us on social media!