



You're helping ensure children have healthy food during these trying times.

AROUND *the* TABLE

Summer 2020



Trisha Cunningham
President & CEO

Hungry Neighbors Are Counting on Us



As our community and nation continue to feel the impact of the COVID-19 pandemic, more children — and their families — need our help.

The reality is, 1 in 5 children across North Texas was already at risk of going hungry. Almost 300,000 children depend on the healthy breakfasts and lunches provided daily during the school year. And now, many people have found themselves out of work, and already vulnerable families are finding their lives more difficult.

During these uncertain times, I'm grateful for friends like you. Your gifts allow us to keep these children and their families fed this summer . . . and it's needed now more than ever, especially with the crisis that we're experiencing.

Inside this newsletter, you'll read stories about the neighbors you've helped. From Ada, a mother of two who relies on the free meals her daughters receive at school . . . to Jose, a father who's able to feed his children because of you and his local food pantry.

And thanks to a Million Meals Match from our friends at the David M. Crowley Foundation, you can have twice the impact when you send your gift by July 31. Every dollar — up to \$250,000 — will be matched, meaning we can provide 1.5 million meals, at a time when they are critically needed.

It's because of the generosity from partners like you that we can be there for everyone who needs us.

Thank you for providing nutritious food to children, seniors and families this summer.

Gratefully,

Trisha Cunningham
President & CEO

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Three Generations Struggling to Stay Fed

A family will have food this summer, thanks to you

The start of summer is usually filled with worry for Ada. But this feeling came earlier this year because of the COVID-19 pandemic. That's because when school is in session, her two teenage daughters receive free breakfasts and lunches at school. But with her kids at home, Ada must find a way to provide 20 extra meals each week.

Ada also cares for her aging parents, which means even more mouths to feed. And it's not easy feeding a family of six. She works hard, but her hours keep getting cut, so her paychecks keep getting smaller. And in today's uncertain times, neighbors like Ada are dealing with the very real fear that they could be laid off. Many of the businesses they work for have temporarily closed.

Thankfully, Ada discovered a food pantry run by one of our Partner Agencies, and every week for the past year, she's been able to stock up on fresh produce, meat and dairy. And she's more thankful than ever for the food pantry in these trying times.

"I can't get much money to pay the bills and then to provide food," Ada says. "That's why I came to this food pantry to get help."

She and her family especially love when the food pantry provides easy-to-prepare, kid-friendly meals and snacks each week during the summer.

"I'm grateful because they help me," Ada says. "And if they help me, then they can help somebody else with the same situation."

Ada's family is not alone. Across North Texas, thousands of children don't know where their next meal will come from. And it's their parents who work extra shifts, if they are able to, and try to stretch every dollar to feed their children — but sometimes it's just not enough.

Thankfully, your generous support allows parents like Ada to keep their families fed during the tough summer months.



Your gifts have provided an entire family with healthy food. Thank you!

Summer Meals for North Texans in Need

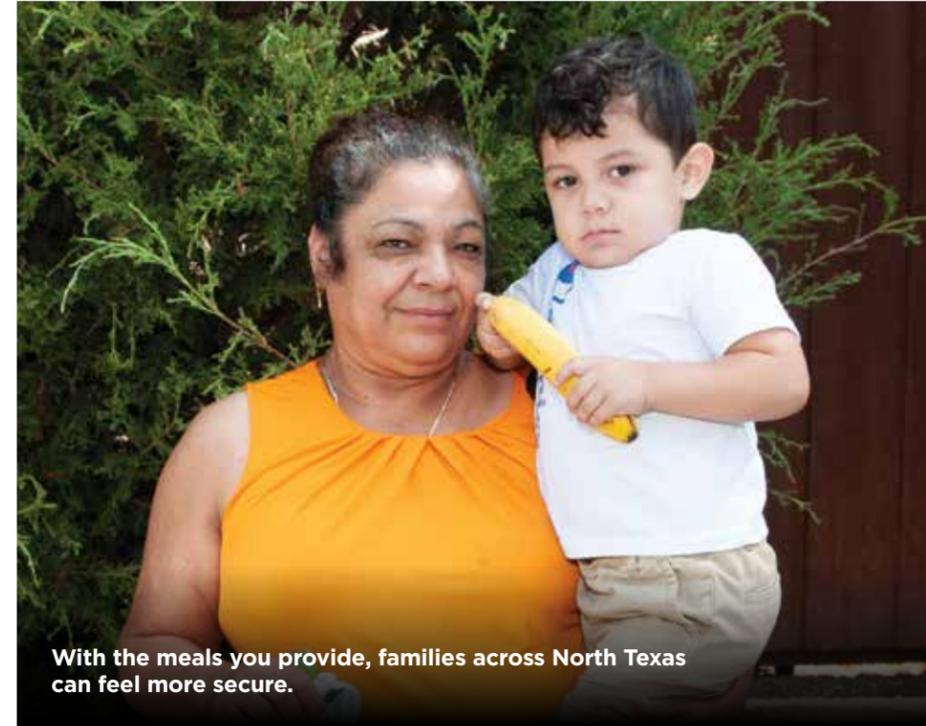
Because of you, children, seniors and families can receive nutritious meals



Thank you for providing healthy meals for hungry children this summer.



Because of your generosity, seniors in our community won't have to choose between paying for food or medicine.



With the meals you provide, families across North Texas can feel more secure.



When schools aren't open to provide free meals, kids in our community face more hungry days. Thank you for helping make sure they get the nourishing food they need.



Your support ensures that pantries are stocked for the busy summer months when more families need our help.

We Couldn't Do This Without You

The North Texas Food Bank is a vital relief organization year-round and especially during times of crisis. With the impact of the COVID-19 pandemic, we expect the need for food assistance to continue to grow. Thanks to you, we're responding daily to the urgent needs:

- Packing at least 60,000 family meal boxes each week and making these available for our Partner Agencies. By shifting to a box model, this creates a no-to-low touch distribution to help safely serve our neighbors.
- Enabling our Partner Agencies to create their own food boxes by providing them with boxes and food items.
- Partnering with more than 250 members of the 56th Brigade, Texas Army National Guard and the Texas Air National Guard to pack and distribute food.
- Collaborating with the City of Dallas to prepare and deliver snack/hydration kits for the homeless who were moved to the Convention Center.
- Exploring the possibility of additional food distributions with the City of Dallas as well as the surrounding regions.
- Changing our Mobile Pantry program to a drive-through model to create a low-touch experience.

For updates and more information, visit ntfb.org/covid19.





David M. Crowley Foundation

Help Provide 1.5 Million Meals

Through this matching opportunity, you can make twice the impact

With unemployment rates at an all-time high, more parents than ever are worrying about how to feed their children.

But you can continue to help your North Texas neighbors this summer by sending a special gift to ensure that families in need have enough healthy food to eat.

And thanks to a matching opportunity from our friends at the David M. Crowley Foundation, every dollar you give by July 31 will DOUBLE, up to \$250,000.

We're calling it our Million Meals Match because, with your help, we'll be able to provide 1.5 million meals to our hungry neighbors.

This is especially critical right now as we continue to deal with the impact of the COVID-19 pandemic and more people becoming food insecure, unsure where their next meal will come from.

It's a heartbreaking situation. **No one in our community should ever go hungry.**

To be there for them, and the thousands of other hungry neighbors who need us, we depend on help from our most supportive partners like you.

Please send your Million Meals Match gift today to provide TWICE as much food to children, seniors and families this summer.

To give online, visit ntfb.org/summernewsletter.



Your gift provides twice as many meals to hungry children across North Texas.

"The food helps us," Faye says.



Faye won't have to choose between food or medicine, thanks to you.

Feeding Neighbors in Need

How your gift provides food for our most vulnerable seniors

Faye first visited our Partner Agency food pantry at Brother Bill's Helping Hand as a little girl. In addition to food, her family also often received much-needed items like clothes and shoes.

Sixty years later, and now retired, Faye lives on a limited income. And thanks to the support of North Texas Food Bank partners like you, our food pantry is still there for her. Twice a month she visits to get healthy food and other resources for her and her husband.

With her diabetes, high cholesterol and high blood pressure, it's crucial she have access to fresh, nutritious food. And the healthy food she needs isn't always affordable.

"We learned how to budget on a fixed income," Faye says. **"The food helps us."**

There are so many seniors like Faye across North Texas, battling health issues and experiencing a lack of food that's affordable and nutritious. Thanks to you, Faye and others like her can look no further than their local food pantry for support.

Food used to be one more worry for Faye. Now it's something that brings her happiness. She's enjoying cooking and loves trying new recipes using the fresh produce and protein she receives.

"Sometimes we have a little bit more than enough, and I share it with some of my neighbors," says Faye. "The food pantry is a blessing to our community."

When you support the North Texas Food Bank, you ensure that seniors like Faye have the healthy food they need to survive, at a time when they are especially vulnerable. Thank you!

Every Meal Counts

How you help families like Jose's make it through the summer

Jose knows what it's like to struggle to provide for your family. With three teenagers, the expenses add up quickly.

So often we see families like Jose's worry how they'll pay for food and utilities in the summertime. Air conditioning and water bills go up, and students lose the school-provided meals that their parents depend on to make sure their children have enough to eat.

With schools closing earlier than ever before, some parents like Jose have had to provide 10 extra meals per child, per week, on the same budget! Many are also dealing with unexpected lost wages. **That's why your support of the North Texas Food Bank is so important, especially right now.**

When Jose realized he and his family wouldn't have enough money for food, he knew they needed help.

And thanks to caring friends like you, the North Texas Food Bank is there for his family.

Jose found his local food pantry, run by one of our Partner Agencies, where he felt welcomed from the moment he walked in the door. He is now able to get the healthy food his family needs to make it through the week.

"Food can be expensive, and it's important to me that my children get healthy food," Jose says. "They can get that here."

Because of your support, Jose has the comfort of knowing his children will get the nutritious food their growing bodies need.

"Thank you very much," Jose says. "Without you, life would be much more difficult for us."



Thank you for making sure that Jose and his family will have nutritious food to eat this summer.



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Our Vision:
A hunger-free, healthy North Texas

