



Fact Sheet: Feeding Seniors

Many senior citizens are on fixed incomes and are having trouble paying their medical expenses. Seniors receive services from North Texas Food Bank Member Agencies through a variety of programs. Each year, nearly 10% of the North Texas Food Bank's resources are committed to feeding seniors.

- Approximately 17,500 seniors receive over 275,000 meals per month.
- Food Pantries serve over 9,000 seniors each month at an average cost of 32 cents per meal.
- Shelters and supplemental programs provide over 50,000 meals and snacks for seniors each month at an average cost of 32 cents per meal.
- The Commodities Supplemental Food Program (CSFP) delivers 7,500 commodity food boxes to seniors each month in Dallas County at an average cost of 32 cents per meal.

North Texas Food Bank
4500 S. Cockrell Hill Road, Dallas, TX 75236
214.330.1396
ntfb.org

A member of Feeding America